

Workshops

“PTSD and Its Effect on the Family” – A history of the speaker’s experience as a spouse of a Wounded Warrior: What to notice about a change in a loved one’s personality; How to adjust to what dynamics are going on in the relationship; The effect on the children of a returning Combat Veteran; and Being able to focus on getting needed help to improve on readjustment issues.

“Pharmacology and PTSD” – Dr. Berger will be addressing ideology, symptomatology, and treatment issues in Post Traumatic Stress Disorder.

“Military Sexual Trauma” – This presentation will define MST, discuss the prevalence of MST as well as its impact on veterans. We will briefly discuss recovery and intervention strategies and resources for treatment. Discussion of VA Mandates for identification and provision of services will be included.

“Veterans and Family Issues” – Speaker will discuss adjustment issues related to US Troops and their families returning home from Iraq.

“Suicide and the SAFE Program – Family Impact” – Participants will learn the signs of suicidality, as well as what to do if someone is in crisis. Operation S.A.V.E. means know the Signs of depression and suicidality; Ask the appropriate questions; Validate the person’s experience and feelings; and Expedite a referral for appropriate treatment.

Resource Tables - Talk to service providers to obtain help in learning more about overcoming trauma issues and accessing community services.

About the Keynote Speaker

Retired 1st LT. Harry McFarland is both a Vietnam and Iraq War Veteran. He served in the pull out of Saigon while with the Marines in May 1975. He also completed two tours in Iraq while serving in the PA National Guard. He was retired as a 1st Lieutenant.

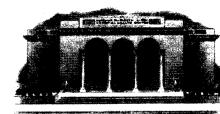
Directions

Genetti's Hotel & Conference Center
77 East Market Street, Wilkes-Barre, PA
1-800-833-0152

Traveling from Interstate 81 Exit 170, the PA Turnpike Exit 105 or Interstate 80 Exit 284: Follow Rt. 115 North to Rt. 309 Exit #2. See further directions below.

Traveling Rt. 309 on Cross Valley Expressway: Exit #2 (Center City), turn onto Wilkes-Barre Blvd.; follow 5 traffic lights to Market Street. (2 miles), make a right onto Market Street. Go one block and turn left onto N. Pennsylvania Ave. and immediately turn left into Genetti's parking lot.

Sponsors



THE ANGELINE ELIZABETH KIRBY MEMORIAL HEALTH CENTER

For General Conference Information

Contact:

Ruth Kemmerer, Director, Resource Development & Volunteer Services FSAWV
570-823-5144, ext. 309 or
fsawv.ruthkemmerer@verizon.net



Family Service Association of Wyoming Valley Educational Conference

Keeping Families Resilient and Healthy



When Families Reunite: Overcoming Trauma Issues after Military Service

Wednesday, November 17, 2010

Genetti's Hotel & Conference Center
Wilkes-Barre, PA

11:30 AM – 7:30 PM

**A Conference
for Individuals, Families and Service Providers**

A David R Thalenfeld Family Life Program of FSAWV
Celebrating National Family Week Nov. 21-27, 2010

**Registration
(Deadline November 5, 2010)**

Complete and return registration form to:
FSAWV Attn: Ruth Kemmerer
31 West Market Street
Wilkes-Barre, PA 18701-1304
570-823-5144 ext. 309 or Fax 570-829-5054
fsawv.ruthkemmerer@verizon.net

NAME _____
 I need LSW-LCSW Continuing Ed. Credits (5 1/2 CEU's provided through FSAWV)
 I need a PCB Approval Application

I am _____ Professional / Service Provider
 Veteran / Family Member of a Vet
 Other _____

AGENCY (if applicable) _____

ADDRESS _____

CITY _____

STATE _____ ZIP CODE _____

PHONE _____

E-Mail _____

Free to Public / No Cost

Registration Time: 11:30-12:30 PM or
 3:15-5:15 PM

Dinner Reservation: YES NO

Workshops: Circle one workshop for each time

2:15- 3:30 PM A B C

3:45- 5:00 PM D E F G



**Family Service Association of Wyoming Valley
Educational Conference**

Keeping Families Resilient and Healthy

Objectives

- To understand core issues of overcoming trauma individuals and families face after military service.
- To support civic engagement efforts to strengthen family relationships in celebration of National Family Week.
- To ensure that families and community organizations obtain basic knowledge of the availability and accessibility of resources and to facilitate links between families and service providers.
- To ensure that families and community organizations have the opportunity to be exposed to new ideas and develop new skills.

Program

***When Families Reunite: Overcoming Trauma
Issues after Military Service***

Wednesday, November 17, 2010

**11:30 – 12:30 PM Registration- Professionals/Public
Resource Tables Open**

**12:30– 12:45 PM National Family Week
Educational Conference Welcome – Michael
Zimmerman, Executive Director FSAWV**

**12:45– 2:00 PM Opening Session
Vet Center Speaker Panel:
“PTSD, Symptomology and Designing Treatment
Plans” – David Ulkoski, LCSW, Team Leader,
Scranton Vet Center**

“Suicide and the SAFE Program – Impact for
Professionals” – Denise Carey, LCSW, Suicide
Prevention Coordinator, Wilkes-Barre VAMC

2:15– 3:30 PM Concurrent Sessions

A “PTSD and Its Effect on the Family” –
Debora Cudworth, Spouse of an IRAQ Vet

B “Pharmacology and PTSD” – Matthew
Berger, MD

C “Military Sexual Trauma” – Karen
Lenchitsky, LCSW, Counselor, Scranton Vet
Center

**3:15 – 5:15 PM Late Afternoon/Evening -
Registration**

3:45 – 5:00 PM Concurrent Sessions

D “Pharmacology and PTSD” – Matthew
Berger, MD (repeat)

E “Veterans and Family Issues” – Miriam
Bernson, LCSW, Local Recovery Coordinator,
Wilkes-Barre VAMC

F “Suicide and the SAFE Program – Family
Impact” – Denise Carey, LCSW, Suicide
Prevention Coordinator, Wilkes-Barre VAMC

G Resource Tables Open

**5:15 – 5:30 PM National Family Week
Educational Conference Welcome – Michael
Zimmerman, Executive Director FSAWV**

5:30 – 7:30 PM Dinner

Keynote Speaker – “Effects of PTSD on the Combat
Veteran: A Personal Experience” - Retired 1st
LT. Harry McFarland, Vietnam & Iraq War
Veteran

“Where Do We Go From Here” – David Ulkoski,
LCSW, Team Leader, Scranton Vet Center